

**NDSR 2010 Food Group Serving Count System Totals Report**

Recipe Name: Mediterreanean Pasta Primavera

Project Abbreviation: Simplicious

Recipe ID: PAST02 PaPri

Date of Entry: 01/17/2011

Food Group/Subgroup	Servings
<b><u>Fruits, Total Servings</u></b>	<b>0.000</b>
<b><u>Vegetables, Total Servings</u></b>	<b>2.636</b>
Dark-green Vegetables	0.250
Deep-yellow Vegetables	0.429
Tomato	0.296
Other Starchy Vegetables	0.022
Legumes (cooked dried beans)	0.250
Other Vegetables	1.389
<b><u>Grains, Total Servings</u></b>	<b>1.270</b>
Pasta - Whole Grain	1.270
<b><u>Meat, Fish, Poultry, Eggs, Nuts and Seeds, Total Servings</u></b>	<b>2.190</b>
Lean Poultry	2.190
<b><u>Dairy and Nondairy Alternatives, Total Servings</u></b>	<b>0.333</b>
Cheese - Reduced Fat	0.333
<b><u>Fats, Total Servings</u></b>	<b>0.750</b>
Oil	0.750
<b><u>Sweets, Total Servings</u></b>	<b>0.000</b>
<b><u>Beverages, Total Servings</u></b>	<b>0.000</b>
<b><u>Miscellaneous Foods, Total Servings</u></b>	<b>0.000</b>

*Note: For Food Group/Subgroup information, refer to the NDSR User Manual. For user-recipe record types, food groups are counted per serving.*